



Sophomore Resources

School Counselor's Office

School counselors offer services to help guide students through their high school careers and into their futures. At LCL, we take a Christian perspective as we talk with students about college and career plans, life goals, social issues, and more. We strive to help our students grow into strong self-advocates.

Don't hesitate to contact the school counselors listed below with any questions or concerns. We look forward to working with you!

- Mrs. Katie Goran (students with last names A-K)
- Mrs. Diane Jakubowski (students with last names L-Z)

Considerations

You are now in your second year of high school, no longer the youngest in the building! Sophomore year is a great time to set new goals and continue to challenge yourself academically! You should consider where you want to go after high school: college, the military, or an apprenticeship. Think about what your strengths are and where you need to make improvements. When you see the college representatives visiting the school, please stop by and find out what they are about. It's never too early to think about your next steps! Please contact the school counselors with any questions or concerns you might have at any point.

- **Check This Out:** [5 Ways to Find Career Ideas](#)

Summer Programs/ Opportunities

Summer is a great time to take pre-college courses, explore a career, and get a job. If you need help finding summer pre-college programs, stop in the Counseling Office for more information!

Additional Resources

- [How to Help Teens Struggling With Mental Health](#)



- [What To Do If You Suddenly Can't Pay For College](#)
- [College Admissions and Corona Virus: The New Normal](#)
- [What Are Colleges Looking For In Your Essay?](#)
- [5 Things Know About Planning College Visits](#)
- [Tips For Juniors Planning For College](#)
- [Building Your Resume for College/Careers](#)
- [How Parents Can Help Their Student With the College Search](#)
- [10 Reasons to Go To a Technical College](#)
- [Admission Officers Increase Social Media Checks](#)
- [Cyber-bulling](#)